

2007 ABSTRACT COMPETITION

Poster Guidelines

When Do I Submit My Poster?

Please submit your poster by April 18, 2007. Arrangements will be made to deliver each poster to the ALF office. This must be your final copy, edits/revisions will not be accepted after submission.

When Can I Display My Poster?

On the day that your poster will be presented, you may access the poster area at 4:45 pm in order to locate your display area and setup your poster. You must remove your poster at the end of the evening. If you do not remove it, it will be discarded.

At least one author must be present from 5:00 pm to 6 pm to discuss the poster and answer questions for the judges.

How Do I Present My Poster?

After you arrive and have located your presentation area, you will be given clamps and pins to affix your poster to a hard foam backing. Posters will NOT be glued to a backing this year, so you can take them with you after the program for future display. Foam Boards will be cut to poster size to prevent pinning. Each poster board will be assigned a number corresponding to your abstract number in the program. Please use the easel that corresponds with your abstract number.

What are the Most Common Errors in Poster Preparations?

- The inability to read the poster from a distance of 4 feet or more
- Too much information is presented
- Objectives and conclusions are not clearly stated

When preparing your poster, remember that your scientific message must be legible and clearly stated. Follow these simple guidelines for preparing an effective poster:

- **Size:** Your poster must be around 3 ft x 4 ft (36" x 48").
- **Heading:** The heading must be at least a font size of 100 points, indicating the title of the paper, author(s), institution and its location.
- **Premise:** Your poster should include three to five brief sentences outlining information necessary to understand the study, and why it was done. The question(s) to be asked or the hypotheses to be tested should be clearly and succinctly stated.
- **Methods:** Outline your methods briefly, providing only details for new methods, or modifications of older methods.
- **Graphics:** Results presented in the form of a graph or chart are always more effective than blocks of text. Provide a legend for symbols and other details, and interpretation of results below each panel.
- **Conclusion:** State the conclusion succinctly in large type. (Many viewers read this first, hence, it should be easily understandable.)
Keep in mind that your audience will include a diverse ethnic and gender mix. Avoid remarks or graphics that might be construed as sexist or demeaning.
- Remember, an effective poster is the best tool to communicate your research results!

Posters will be judged by one to two groups of judges between 5:10 pm and 6 pm the night of the program. You must be present when the judges arrive to offer a short 2-3 minute presentation and participate in a quick question and answer session. This is the only time you will be judged throughout the evening. Judges will be clearly marked as such. Other interested parties and medical professionals may also inquire about your work.